

Take your wellness routine  
**TO THE NEXT LEVEL**

**As a Bousquet Sport Full Access member, enjoy discounted Canyon Ranch services and service bundles carefully curated to support your wellness intentions.**

**BUNDLES**

**MINI-LONGEVITY PACKAGE | \$730**

Tap into our nationally recognized team of doctors and exercise physiologists to help you live healthier, longer.  
*Includes: Personalized Physician Consultation, Continuous Glucose Monitor, VO2 Max (2 Parts)*

**MINI-CGM PACKAGE | \$605**

Scientifically backed technology that empowers you to recognize and respond to your individualized needs.  
*Includes: DEXA Body Composition 25min, Continuous Glucose Monitor (CGM), CGM Follow-Up and Education (virtual or in-person)*

**MINI-RESET PACKAGE | \$630**

Reduce stress, increase focus and envision your optimal future using the best of Eastern and Western remedies.  
*Includes: Acutonics, Life Mapping, TouchPoints Wearables*

**SERVICES**

Medical

**DEXA BODY COMPOSITION/BONE DENSITY**

~~\$575~~ **\$460**

**PERSONALIZED PHYSICIAN CONSULTATION**

~~\$400~~ **\$320**

**SLEEP SCREENING (Includes Physician Follow-Up)**

~~\$750~~ **\$600**

Performance Science

**METABOLIC EXERCISE ASSESSMENT (VO2 MAX TESTING)**

~~\$400~~ **\$320**

**COMPREHENSIVE EXERCISE ASSESSMENT**

~~\$400~~ **\$320**

Mental Health & Wellness

**LIFEMAPPING**

~~\$240~~ **\$192**

**PERFORMANCE MINDSET**

~~\$240~~ **\$192**

Nutrition

**PERSONALIZED NUTRITION CONSULTATION**

~~\$200~~ **\$160**

**BUILDING MUSCLE**

~~\$200~~ **\$160**

Spiritual Wellness

**SPIRITUALITY & PERFORMANCE**

~~\$240~~ **\$192**



A State-Of-The-Art Recovery Space  
**OPEN DAILY | 9 AM - 5 PM**

Equipment and treatments to improve energy, recovery, regeneration, sleep, and overall vitality.

- **NUERO STIMULATION**
- **LIGHT THERAPY**
- **INFRARED SAUNA POD**
- **INNOVATION LAB**

**Add CR Vitality access to your service and enjoy all the cutting-edge recovery amenities at a discounted rate**

~~\$100~~ **\$80**



To schedule services and CR Vitality, please call **413-637-4400 Ext. 55325** and mention your Bousquet Sport membership.

**8 HOURS-NOTICE REQUIRED TO CANCEL OR MAKE CHANGES TO ANY SERVICE.**